

# *Spin Off Retreat 2009*

## Navajo Ceremonial Song

~ Walk on a rainbow trail; walk on a trail  
of song, and all about you will be beauty.  
There is a way out of every dark mist,  
over a rainbow trail in beauty. ~



## **Day One & Two Schedule**

### **August 27, 2009**

6:45 AM, meet at the base of the mountain at Raymond Jim Redhouse's residence, for carpooling, and to caravan up together to the summer sheep camp. Leave base camp no later than 7:10 AM! Or follow florescence signs posted on the road.

8:00 am to 12:00 noon, registration and participants arrive and set up camp (lunch is on your own) .

1:00 PM to 5:00 PM Orientation

\* Please be aware that the campsite is a very rustic setting with a complete operating out house, no running water and electricity. Bring your own food and camping supplies, extra tap water for wet felting and dyeing projects.

\*\* The road up the to camp site is very steep and rocky, your tires have to be all terrain tires and your vehicle a 4X4 wheel drive, you must be able to drive on an off road conditions.

### **August 28, 2009**

7:00 AM buttering a sheep, please bring your sharp butchering knife and apron.

8:00 AM to 9:00 AM, preparing the inside of the sheep for cooking, and tasting event.

9:00 am to 11:00 am morning walk about, discovering land, animals and the natural surroundings and where you fit in as human being, a walk and talk event.

11:00 am to 12:00 noon preparing and cooking the sheep the traditional way with invited elders. Please bring a side dish for this "Pot-Luck" lunch.

1:00 PM to 2:00 PM, preparing wool, washing and processing it using natural Navajo Traditional methods and techniques.

2:00 PM to 3:00 PM, discovering the many uses of wool using the Navajo traditional methods and techniques.

6:00 PM to 7:00 PM, Dinner is on your own.

8:00 PM to 9:00 PM, Storytelling around the campfire, share your inner selves and your experiences.





## **Day Three Schedule**

### **August 29, 2009**

7:00 AM Wake Up and breakfast is on your own.

8:00 AM to 10:00 AM, Sheep Blessing Way Ceremony for the Garnanez and Kady Flocks. Roy Kady will be the designated patience representative for the sheep, goats, llama, dogs and Alpacas.

11:00 AM to 12:00 Noon, Discover Working with Wool using Non Navajo Traditional methods and techniques, like dry and wet felting, knitting, locker hooking, European styles of weaving techniques etc.

12:00 noon to 1:30 PM, Pot-Luck lunch inside the shade house Hogan.

2:00 PM to 5:00 PM, Continue with the Fiber Arts workshops.

6:00 PM to 8:00 PM, Pot-Luck dinner inside the shade house Hogan.

8:00 PM to 11:00 PM, rest for the all night Sheep Blessing Way Ceremony.

11:00 PM to 5:00 AM, Sheep Blessing Way Ceremony, with early morning offering.

## Day our Schedule

### August 30, 2009

4:30 AM to 5:30 AM, early morning offering to the Dawn People

6:00 AM to 7:00 AM, early morning "Pot-Luck" Breakfast inside the shade house Hogan

8:00 AM to 10:00 AM, circle discussion about your experience, future retreats, etc.

10:00 AM to 12:00 noon, pack up and head home, see you next year!

For more information and questions please call Mr. Roy Kady at (928) 656-3498, or email him at [roykady@dinewoven.com](mailto:roykady@dinewoven.com), and please visit us on the website at [www.dinewoven.com](http://www.dinewoven.com). Make check and or money order payable to Dine Woven/Roy Kady.

This event is made possible by the KADY family and friends, Dibé Nitsaa Spin Off groups, Diné be' iiná Inc., Teec Nos Pos Chapter ABC<sup>2</sup> Youth Organization and yourself.

### Important Information

While attending this Retreat, please keep in mind that you are required to have your own insurance coverage, provide your own materials for the workshops listed, camping equipment and other related supplies.

You are required to respect the natural surrounding that you are in at all times. Ask respectful questions, and dress appropriately for the Carrizo mountain which is at 9,000+ feet above sea level, the weather is unpredictable, so bring rain gears, extra dry clothing and lots of water to drink and to use.

We ask that you do not make any video and voice recordings unless you have prior permission to do so from the event organizer. You may take pictures, but please ask for permission first.

***We are charging a minimal fee of \$50.00 so that it is affordable for you to attend, all proceeds go back to the host organizer of this Retreat. The cost for the Retreat must be paid in full and is non-refundable, and you must pre-register one week before the Retreat to attend.***

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All parties affiliated with this event are NOT RESPONSIBLE for any injuries, theft of property, and attorney and legal fees while attending this event.